

## OHS Lesson Plan

Teacher	Kim Stephens					
Subject	NFS		Unit: Basic Principles of Nutrition			
Week Of:	25-Aug					
Day	Objective:	TEKS #:	Less Del	Guided Practice	Ind. Pract.	Due Date
Monday						
Tuesday	Course introduction & Intro-Career Connection	12 A & B				29-Aug
Wednesday	Effects of ntritional intake on health, appearance, effective job performance and personal life	1D	Notes/Lecture	Handouts		
Thursday		1D	TA			
Friday	Terms related to nutrition, health & willness	1A		Handouts	Quiz	
	Special Assignments	Due Date		Tests, Quiz, etc	Date	
	1			1		
	2			2		
	3			3		
	4			4		
	5			5		
	6			6		

It's a great day to be a Cub!