

OHS Lesson Plan

Teacher	Kim Stephens					
Subject	NFS		Unit: Principles			
Week Of:	2-Sep					
Day	Objective:	TEKS #:	Less Del	Guided Practice	Ind. Pract.	Due Date
Monday						
Tuesday	Nutrients, their functions & food sources	1B	Lecture Notes			
Wednesday	Same	1B	Handouts/Transp			
Thursday	Same	1B	Charts	Nutrition Game		
Friday	Nutritive value of various foods	1C				
	Special Assignments	Due Date		Tests, Quiz, etc	Date	
	1			1		
	2			2		
	3			3		
	4			4		
	5			5		
	6			6		

It's a great day to be a Cub!